



CABANYES  
entre VALLS

## Hiking



Initial level

### Route Font Espunya

Ideal for all ages, it lasts about 30 minutes. During this walk you will enjoy two types of forest, one consisting of holm oaks and a wonderful beech forest, which will change its color as the seasons go by.

The aim of this adventure is to get to La Font where before, more than 600 years ago, there was the original Masia Espunya. This idyllic place is perfect for a picnic, as it has a table and chairs made of stone.



Intermediate level

### Route Ermita de Sant Miquel del Mont

This route, which lasts approximately two hours, is known as the viewpoint of the Vall de Bianya. Without neglecting the goal of reaching the hermitage of Sant Miquel del Mont, along the way we will enjoy a magnificent walk through a beech forest.



Advanced level

### Route a les Gorgues de Sant Pere Despuig

This route consists of a descent to reach the main plain of the Vall de Bianya, with a significant difference in altitude and a duration of approximately 2.5 hours. During this route you will walk through an oak forest and at the end you will be able to cool off in a wonderful gorge.